

ANNUAL REPORT 2019-20



From Chairperson's Desk....

Greetings to one and all in the NEW YEAR 2020!!! May it bring new hopes, opportunities and happiness in the lives of all, especially more people and their parents, who need our support? Many challenges & varied demands, keep us on our toes to add / improve / update our facilities & services on a continuous basis..

Well settled in Airoli, with Therapy, Training, Residential Facility and Recreation, we now look forward to finding new ways of extending our services to more needy beneficiaries, locally as well as in the rural areas where such facilities are not available..

- ❖ Initial survey for locating the right area where such services are required is the first step, which can be done only with some local bodies..
- ❖ The next step would be to conduct an assessment camp in that location, spreading information about our activities and finding out if they will suit the people there and in the neighborhood..
- ❖ If found suitable, the next step would be to educate the parents and the Pramukh etc..of that area, on the importance of professional intervention and support for children & adults with disabilities, towards a better life.
- ❖ We will take up this initial work in the coming year, to be able to extend our services in the coming 2-3 years.

Another aspect in extension of our services is to train and empower educated youngsters with disabilities for employment, towards self-sustenance. Even those who are in the rural areas can be given residential facilities along with skills training readying for suitable jobs...

All these can happen if we all work together towards the goal – Life with Self Esteem & Dignity.. We professionals, parents, and the youngsters themselves should have the passion to achieve success.

I wish to mention here that we are able to think of such progress only because of the success of the present projects.. Big thanks to the team work of our teachers, therapists and volunteers, not to mention the huge participation of our parents and their wards..

Here is wishing once again for all these and much more towards Empowerment of people with disabilities...

Meenakshi B.

EVENTS & HAPPENINGS 2019-20

Sutherland Global Services, Airoli, did the screening of few of our trainees for back office Job work.



Colleagues from Burns & McDonnell visited our Centre. Our CEO gave a PPT Presentation and explained in detail, the functioning of the Organisation. A few of our trainees sang songs. The Team distributed gifts to all the Trainees.



Chairperson Meenakshi Balasubramanian, was given Vocational Excellence Award by Rotary Club of Navi Mumbai on 27.01.2019.



The 17th Founders Day 2019 was celebrated at GODS ABODE, Open Auditorium on 16th February, 2019. All the GODS Children were very much excited and were prepared in full swing to gear up for the event. The Chief Guest was Shri Nandlal Chawla, Director of AAK Kamani Pvt. Ltd. The Guests of Honor were Mr. Saumya Mondal, Vice President of AAK Kamani, Ms. Raju Bhatia Fashion Designer and Shrimati Seeta Prabhu, Director of Sai Prabhu Foundation. The Programme started with the welcome note by compere Ms. Sanjana Ramchandani. This was followed by lighting of the lamp, release of Souvenir, Felicitations, singing of Bhajans, dance and music by all our Trainees; Parents & Teachers. All the Programmes were a treat to watch and well applauded by the audience. Chief Guest expressed his happiness after seeing the facilities available and applauded the excellent work of MBA in field of differently abled and their association with MBA Foundation.

The Professional dancers from “Nriyakunjan” Group, Pune, performed Kathak Dance and Mr. Dileep Sule’s Melody Live sang Hindi songs. The audience loved all the performances.



Giant’s International group, Mumbai One, Organized a Fashion Show at Sophia Bhabha Auditorium, Mumbai in 03.03.2019. Few of our girl trainees participated in the show and they wore the dress designed by students of Lemark Institute.



Society for Dyes & Colorist along with SVT college of Home Science conducted the Tie & Dye Workshop for our Trainees and Teachers on 28.03.2019.



Our Third Utility Centre at Sangharsh Nagar was inaugurated on 26.04.2019.



Few of our Girl trainees Once again walked the ramp with professional models & designers on 05.05.2019. The Program was organized by Lemark School of Art & Design and it was held at Shanmukhananda Auditorium, Sion.



On 05.06.2019, the Deputy General Manger – HOD HR of Burns & McDonnell Company visited our Centre with their Team from US HR. Our CEO briefed them about our organization with a PPT presentation.



International Yoga Day was celebrated 21.06.2019 by all the Trainees & Staff members. A professional yoga trainer from Airoli took the session.



A Fundraising program in collaboration with **World of Mohammed Rafi Welfare Foundation** was organized by **Klub Nostalgia** on 29.07.2019.

The musical event titled **MOHAMMED RAFI, THE ULTIMATE SINGER** presented immortal songs of the legendary singer on his 39th anniversary. The singers and the musicians gave a scintillating performance par excellence. Our differently abled beneficiaries also jointly sang Saathi Haath Badana on the stage along with the professional singers, which was a sight worth treasuring.



The Police Station personnel at Sangharsh invited our Children to participate in their Independence Day Celebrations. They were all thrilled to spend time with our cute Children.



D Y Patil University School of Dentistry, Navi Mumbai organized Dental Camp at Sangarsh Nagar on 28.08.2019 for all the trainees of our Gods Heavens Centre.



Teachers Day was celebrated at Airoli centre by Trainee Parents for all teachers. There were speeches by the Trainees, games, singing and dancing.



The Rotary Club of Airoli and ETC Centre felicitated few of our teachers and Trainees for the outstanding work we are doing in the field of differently abled.



Our Annual Medical Camp in association with Dr. L H Hiranandani Hospital, Powai, was organized for all Trainees and Staff members with Special needs on 29.09.2019.



The festivals like Janmastami, Ganesh Chaturthi, Rakhsa Bandhan and Independence Day were celebrated at Airoli and Sangharsh Nagar.



On the occasion of Dassera festival Rallis India, CBD, Navi Mumbai organized Magic Show at our Airoli Centre on 07.10.2019. The Magician also called some trainees on Stage to perform certain acts. It was enjoyed by one and all. The Rallis India employees also distributed snacks to the trainees.



During Navaratri, one day we organized the Dandiya session for all the trainees. The significance of the Festival was also explained to all of them. All the trainees enjoyed playing Garba with their peers.



A Seminar on Autism was conducted by Col. T. N. Baba (Veteran) Volunteer of Action for Autism, New Delhi on 12.10.2019. He shared his personal experiences and also explained the different ways of handling an Autistic child from childhood till adolescent age. Many Parents attended the Session and Col. Baba answered all their questions.



Diwali Party for Shangrash Nagar Centre was organized by Rotary Club of Lakers Powai on 15.10.2019.



Diwali Party for Airoli Centre was celebrated on 23.10.2019. Sutherland Company employees from Airoli sponsored the event. The Employees played games with our trainees and also entertained rained them with music and dance. They also distributed the snacks and gifts to all the trainees.



Aikya-Oneness Foundation is an Organisation to rebuild hope in needy people to live life joyfully. Connecting with under privileged and desolate people through recreational activities, awareness programs, health camps and also by extending support for basic living and education. Earlier they had conducted 3 days Strees Management & a Meditation session for all our staff. On 23.11.2019, they conducted a Workshop on Habits.



A Navagraha Pooja was performed at our Airoli Centre on 27.11.2019, for the wellbeing of all.



Celebrated world Disability Day on 04.12.2019 by organizing a Seminar on “Inclusion through Empowerment and Employment”. Many reputed Speakers from the Industry shared their personal experiences. There was also a Panel Discussion, which was very informative. This was followed by Lunch and subsequently, all the guests had a tour of our Centre.



Impact Day was celebrated by Deolitte Indian on 06.12.2019 at our Airoli Centre.



Christmas Party was celebrated on 18.12.2019 and Sutherland Company sponsored the snacks and also entertained the trainees with music & Dance.



UNI One Foundation - ladies group visited the centre on 30.12.2019.



Festivals of Makar Sankranti & Haldi Kumkum were celebrated at Airoli & Sangharsh Nagar.



Sutherland Company distributed the New Year gifts to all the trainees in Airoli Centre on 22.01.2020.



SUCCESS STORIES



Maria D'Souza p

Maria D'Souza has been diagnosed with Cerebral Palsy and is wheelchair bound. She was born a premature baby. She was kept in the incubator for 15 days. When she was 8 months old, she was given triple vaccination. She got convulsions. All milestones were delayed. For 10 years, she had attended Spastic Society Centre in Bandra. Through NIOS, she completed 12th Standard.

When she joined MBA foundation in 2016, we observed that she had good grasping ability. She thinks high about herself and so are her expectation levels. Negative thinking about father and does not like to have a conversation with him. She frequently complains about others too. She is stubborn, has mood swings. She gets angry when whatever she needs is not fulfilled. She is very much conscious about health. She is wheelchair bound and requires care taker for daily living activities. Due to spasticity she has average control in movement of hands. Gross motor in right hand is normal, but not in the left hand, due to deformity in the wrist joint.

Maria has to be counselled frequently to always keep her in a positive frame of mind. This ensured that she actively participated in vocational training at the Centre. She has got successfully trained and has now been promoted to the Sheltered Workshop Unit. She now does activities like fancy paper bag pasting and folding, quilling strips for gift envelopes, stencil painting, flower petal making, packing, labelling of products etc. She participates in relaxation activities like yoga; bhajans; drawing etc. She has completed her three month basic computer course in the Centre. Her counselling sessions are continued simultaneously, for positive thoughts, adjusting with life care routine and for her continuous practice sessions – to work, understanding her limitations. Earlier she was very lazy to go for her physiotherapy sessions. Our repeated goading and coaxing has ensured, she is now is regular for the PT sessions. This is now showing excellent results. She is now able to work with the left hand also and can now sit down with hand support for a short time. She now sits in the reception and also takes phone calls.

The transformation has now also happened in her thought process towards others. She is now adjusting with all her peers in life care. She also talks to them and is also concerned about them. She is now co-operating with the teachers, care takers and others. She is now showing a willingness to learn new things.

We feel, with her intelligence, her leadership qualities can be improved.



Daksh Shetty

Daksh is 5 years old. Full term normal delivery. All milestones were delayed. At the age of 3 years, parents identified he has some problem and started with occupational therapy. Then they came to know that he had Autism Spectrum Disorder and delayed speech and Language development. When he joined, we observed his attention span & social skills were very low. He is tactile seeking and easily gets distracted. ADL skills and Speech not developed. Communication is poor. Repetition is present and understanding is fair. Oro motor function is poor (Chewing, Sucking etc)

After complete assessment, his needs were identified as - one to one sessions for improving his attention span; Speech Therapy and Occupational Therapy (OT) for improving his speech and reduce his hyper activity.

With Speech therapy his communication skills is increasing, Phoneme sounds Vocal and consonants are good. Blowing, Sucking Chewing, Biting, Swallowing etc skills improvement is good. Now he is able to speak and understand name of Animal, Birds, Flower, Vehicle, and Alphabet. etc.

Earlier, he was restless in OT therapy and just crying. Now for over one year, his attention span and motor skills have improved; his understanding level is much higher and now he can follow multiple instructions; therefore, he has started going to a regular school... Now he can identify and write alphabets and numbers 1 to 50; can recognise colours; animals; vehicles etc. Now he also likes to attend social events. His earlier fear for any type of music has stopped and now he listens to all types of music.

In his sessions with us, we will be now focusing more on his functional academics and continue with his therapy sessions for reaching optimum levels.

MBA FOUNDATION

Board of Trustees (Details of Members of Board of Trustees as on 1.04.2020.

Name	Meenakshi B
Sex	Female

Date of Birth (DD/MM/YYYY)	18.1.1947
Country of Birth	India
Occupation	Training and Employment of the Disabled
Position in the Board	Chairperson
Work Experience/ Background	28 Years Experience in Training and Employment of Disabled. Helen Keller Awardees [2000] from NCPEDP Delhi.
Name	Mahadev R Iyer
Sex	Male
Date of Birth (DD/MM/YYYY)	1.7.1958
Country of Birth	India
Occupation	Retired as CFO -Essar steel Now as Advisor- Essar Group
Position in the Board	Member
Work Experience/ Background	36 Years Exp in Corp Finance
Name	V. H. Balasubramaniam
Sex	Male
Date of Birth (DD/MM/YYYY)	29.3.1955
Country of Birth	India
Occupation	Ex. Senior Manager, EXIM Logistics, BASF India Ltd., CBD, Belapur, Navi Mumbai.
Position in the Board	Member & CEO
Work Experience/ Background	39 Years of experience in Shipping; Foreign Trade; Corporate Governance etc. in different corporates
	In 2016 he joined MBA Foundation and now he does Hand holding to all in all Functions.
Name	Uma Mahadev
Sex	Female
Date of Birth (DD/MM/YYYY)	27.11.1963
Country of Birth	India
Occupation	Social Activist
Position in the Board	Member
Work Experience/ Background	Total work experience of 25 years. Worked as a Volunteer in Spastics Society for 5 years. In 2000 she joined MBA Foundation in Chembur and worked in various fields. Now a Rehab Consultant and heading the Teachers Team

	along with Jayshree Vishwanathan.
	In MBA Foundation- Rehab. Head
Name	Shivaji S Desai
Sex	Male
Date of Birth (DD/MM/YYYY)	27.MAY 1959.
Country of Birth	India
Occupation	Associate General Manager finance, TOI
Position in the Board	Member
Work Experience/ Background	38 Years Exp in Finance In Bennett, Coleman & Co. Ltd. (The Times of India Group & other Companies.
	In MBAF- Accounts Co-ordinator
Name	Veena Advani FOUNDER TRUSTEE
Sex	Female
Date of Birth (DD/MM/YYYY)	7 TH MARCH 1931
Country of Birth	India
Occupation	Social Activist , Volunteer For Disabled Beneficiaries Care Giving
Position in the Board	Member
Work Experience/ Background	45 Exp. In Care Giving for Disabled. Parent of a Spastic Beneficiary
Name	Sujatha Srivastava
Sex	Female
Date of Birth (DD/MM/YYYY)	26/10/1947.
Country of Birth	India
Occupation	Special Educator, Social Counsellor
Position in the Board	Member
Work Experience/ Background	29 Years Experience In Assessment, Remedial Education, Behaviour Modification, Etc. Parent of an Autistic Beneficiary
	In MBA Foundation- Rehab. Advisor
Name	Akhil B Sriram
Sex	Male
Date of Birth (DD/MM/YYYY)	10.4.1976
Country of Birth	India
Occupation	PR & Social Marketing Executive

Position on the Board	Member
Work Experience/ Background	2 Years of running his own Advertising Agency; 17 Years in Social Marketing
Name	Jayashree Viswanathan
Position on the Board	Member
Occupation	Counsellor
Work Experience/ Background	Total work experience of more than 16 years. She earlier worked with an Asian Government Organisation with the Head Counsellor & Senior Citizens Development Programme in Canada and also in a hospital – 10 years. In 2013, she joined MBA Foundation working with beneficiaries, parents and staff. She is also heading the Teachers Team along with Uma Mahadev.